

ABSTRACT OF THE DISCLOSURE

An apparatus and method for performing a surgery, especially an ACL replacement surgery, where a flexible strand insertion rod co-operates with a U-Guide apparatus to insert a flexible strand into a tunnel formed in a bone portion and to guide a drill point to form a tunnel transversely to the tunnel of the insertion rod. The drill point is guided through the insertion rod and the flexible strand is held over the drill point as the transverse tunnel is formed. The insertion rod is then removed from the tunnels formed in the bone and the flexible strand is held looped over the drill point. Subsequently, a soft tissue replacement is affixed to one end of the flexible strand and pulled over the drill point with the other end of the flexible strand. The drill point is then used to pull a cross pin through the transverse tunnel to hold the looped end of the soft tissue replacement in place. Finally, the two free ends of the soft tissue replacement are affixed to the bone completing the implantation of a soft tissue replacement.